



“It’s been said that most Americans spend more time looking in their refrigerator than planning for their retirement. Transitioning to this next stage of your life can be both challenging and exciting. We’ll discuss some points to ponder and emotional aspects to consider.”

Come join us to learn about resources Higher Ed EAP provides for retirement planning and preparation.

**The Office of Human Resources
invites you to a
Lunch and Learn Seminar
Pointers for a Successful Retirement
Presented by
Phil Downs, ESI Higher Ed EAP**

Where: Library Paterson Room 213

When: Tuesday, April 23, 2019

Time: 12:00 PM—12:55 PM
and
1:00 PM—2:00 PM



Faculty & Staff are welcomed to attend, no RSVP required.

For questions, please contact us via email or call us at extension 2887.

“Bring a Buddy & your Brown Bag”